

Considering Single Motherhood on Your Own?

A 6-Week Virtual Support Group for Women in North Carolina + Florida

This is about clarity – not pressure.

A therapist-led space to slow down, think clearly, and feel supported as you consider becoming a mother on your own.

Carrie Meckler, LCMHC-S, LCAS

Licensed Therapist + Single Mother by Choice

You're not the only one thinking about this.

This is for you if:

- You've been quietly wondering if this path might be for you
- You feel stuck between timelines, fear, and uncertainty
- You've researched options but still don't feel clear
- You're carrying emotions you haven't fully said out loud

Group Details

- Launching August 2026
- Open to North Carolina + Florida residents
- Held on Google Meet

Investment:

- \$125 intake + \$50 per session
- \$400 paid in full

[Learn more](#)



Coping Forward Counseling Services

704-524-3193

admin@copingcounselingnc.com

www.copingcounselingnc.com