

Considering Single Motherhood on Your Own?

A 8-Week Virtual Support Group for Women in North Carolina + Florida

This is about clarity — not pressure.

A therapist-led space to slow down, think clearly, and feel supported as you consider becoming a mother on your own.

Carrie Meckler, LCMHC-S, LCAS

Licensed Therapist + Single Mother by Choice

You're not the only one thinking about this.

This is for you if:

- You're considering solo motherhood or beginning to move forward
- You're navigating the fear, grief, and uncertainty that can come with this path
- You want to feel more confident about your decision and next steps
- You want support from women who are in a similar place

Next Group

- October 27- Dec. 15, 2026
- Tuesdays • 12-1 PM ET
- For women in North Carolina + Florida
- Held on Google Meet

Cost

- \$125 intake + \$50 per session
- \$500 pay-in-full option sliding scale available

Reserve your spot



Scan to register



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